

**SMALL GROUP DISCUSSION QUESTIONS**  
DRESS CODE-WEEK 2

***Put on the whole armor of God, that you may be able to stand against the schemes of the devil...and take the helmet of salvation (Ephesians 6:11,17a).***

OPENING PRAYER TIME

FUN ICEBREAKER QUESTION

What was one new experience you tried that was completely unknown or uncomfortable to you at the time you tried it, and would you ever do it again? Why or why not?

OPENING DISCUSSION QUESTION

1. Can you think of a situation or circumstance in your own life where you experienced, without a doubt, spiritual warfare? Take a few minutes to explain and share with your group what happened and what you did?

SERMON/BIBLE DISCUSSION QUESTIONS

2. Read ***Ephesians 6:10-20*** together. Share an observation or something that you noticed or that God revealed to you this time that you haven't noticed before.
3. Read ***1 Thessalonians 5:8-9*** together. Why is it important to start with the helmet and what must we understand?
4. What stands out to you as we read those scripture verses?
5. Why assign salvation to the helmet and how is it used to guard our minds?
6. The devil is a liar and the father of lies and tries to plant doubts in our minds. What are some ways to guard our hearts and minds from the devil and not allow him to get a foothold in our lives? Read ***James 4:7-8*** together and discuss these verses along with some others that you can use.
7. What are some of the promises of salvation that we can use to fight the evil one and not allow shame and doubt to creep in? Read ***Romans 8:31-38***.
8. What are some of the benefits of applying the verses above to our lives and how can we wear the Helmet of Salvation with confidence, standing tall against the devil and his evil schemes?
9. Now take a few minutes to share some of the lies and toxic thoughts that the devil has been whispering to you for too long and take a few minutes to pray for one another, casting them out in the name of Jesus!

## MEMORY VERSE

***For I am not ashamed of the Gospel, for it is the Power of God for Salvation to everyone who believes, to the Jew first and also to the Greek (Romans 1:16, ESV).***

Don't only memorize it but claim it!

## ACTION STEPS

- Read Ephesians 6:10-20 daily and hear what Paul is saying. Plant it upon your heart, mind and soul.
- Receive Salvation-some for the first time, others stop striving.
- Identify-some of the lies and toxic thoughts and then replace them with truth about your salvation (Read Ephesians 1:4-14 and 2:1-10).
- Walk in the confidence of your salvation-and ask, do I represent Him well?

## CLOSING PRAYER TIME

Spend some time praying for one another and then commit to continue doing so everyday!